



# Fati et la marmite de soupe

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Level 2



Voici l'histoire de Fati, une petite fille qui courrait comme le vent, qui aimait rire et faisait toujours de son mieux pour faire les choses comme on lui avait appris.



Ce jour là était était  
consacré au sport à l'école.

Fati joua au foot et participa  
à trois courses à pied.



Après l'école, elle rentra chez elle en marchant avec sa bonne copine Hawa.

Hawa lui dit: "Fati, qu'est ce que tu cours vite!".



Fati arriva à la maison et trouva sa maman dans la cuisine.

Elle lui dit: "Bonsoir maman".

Sa maman répondit:  
"Bonsoir, comment vas tu?".



Fati raconta "Nous avons fait sport à l'école aujourd'hui, et j'ai couru très vite."

"Maintenant j'ai chaud, je suis fatiguée et j'ai vraiment faim".



Sa maman rit: "Ma chère petite Fati, tu es née avec des jambes de guépard".

"Je vais faire de la soupe à l'okro<sup>1</sup> pour dîner, ce sera bientôt prêt".

1: un légume



Maman mit de l'huile de palme dans une grande marmite et plaça celle ci sur le feu.

Une fois l'huile bien chaude, elle ajouta des oignons et de l'ail, puis mélangea jusqu'à ce qu'ils soient bien écrasés.

Elle mit ensuite du poivre, des tomates, rajouta de l'eau ainsi que six morceaux de bœuf cuit à la vapeur.



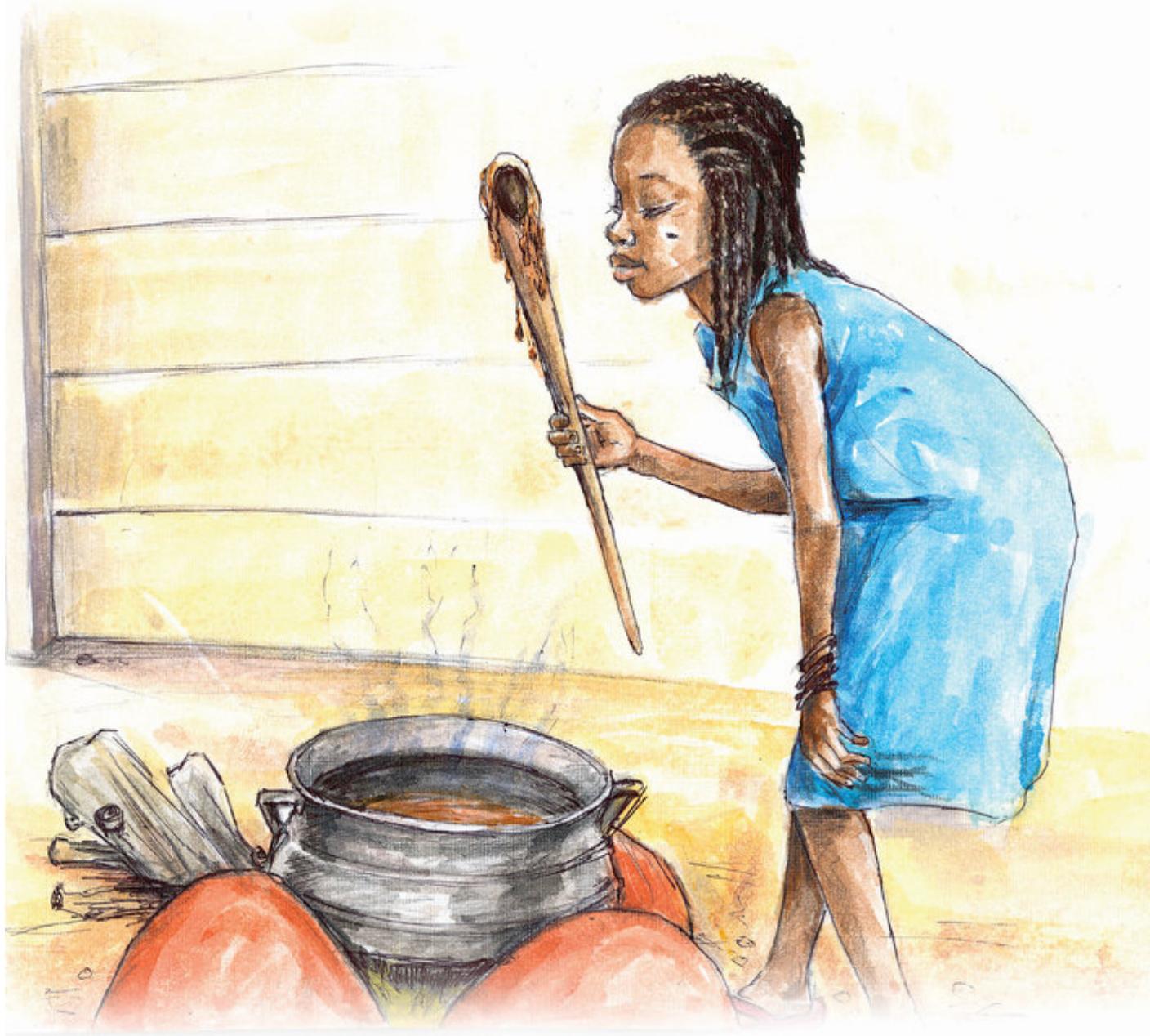
"Fati, aide moi à mélanger la soupe si il te plait"

"Oui maman"



Fati fit donc un premier tour de cuillère.

"Cette soupe a l'air délicieuse" dit elle en sentant son odeur.



Fati touilla encore à deux reprises.

"Elle a vraiment l'air délicieuse"



Elle mélangea trois fois encore.

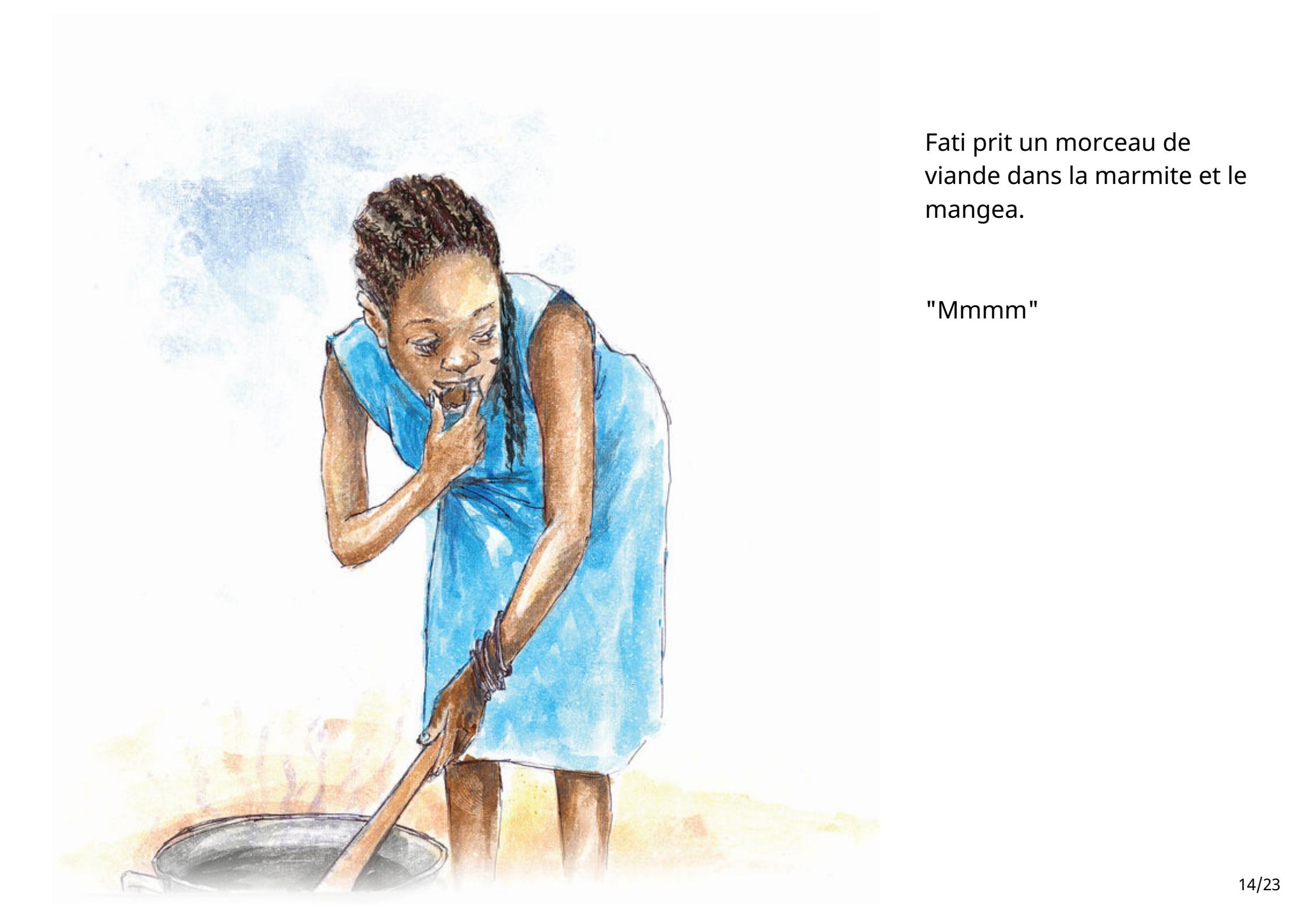
"Cette soupe a l'air vraiment, vraiment délicieuse"



Puis, Fati regarda sa maman.

Maman ne la voyait pas.

Elle coupait des feuilles vertes pour la soupe.

A watercolor illustration of a young girl with dark skin and curly hair, wearing a blue and white sleeveless dress. She is leaning over a large metal pot on a wooden stand, stirring its contents with a long wooden spoon. Her right hand is near her mouth, suggesting she is tasting or eating something. The background is a soft-focus outdoor scene with blue and yellow washes.

Fati prit un morceau de viande dans la marmite et le mangea.

"Mmmm"



Elle regarda à nouveau sa maman.

Maman ne la voyait pas.  
Elle coupait des œufs pour  
la soupe.



Fati se dépêcha d'attraper un deuxième morceau de viande dans la marmite et elle le mangea.

"Mmmm... Mmmm"



Une fois encore, Fati regarda sa maman.

Maman ne la voyait pas. Elle coupait de l'okro pour la soupe.



Fati se dépêcha et attrapa à toute vitesse un troisième morceau de viande dans la marmite pour le manger lui aussi!

"Mmm... Mmm... Mmm..."



Peu après, sa mère se dirigea vers le feu avec les feuilles vertes, les oeufs et l'okro.

Fati avait encore la grosse cuillère en bois à la main.



"Merci de m'avoir aidé à mélanger la soupe Fati", lui dit-elle en souriant.

Fati ne savait pas quoi dire.



Maman mit les feuilles vertes, les œufs et l'okro dans la marmite et prit la cuillère à Fati.

Elle commença à remuer la soupe.



Maman regarda dans la marmite. Elle pouvait voir la soupe bouillir sur le feu. Elle chercha des yeux les six morceaux de viande à l'intérieur.

"Un..deux...trois..."  
Elle vit trois morceaux mais pas les autres.

Maman ne dit rien. Fati ne dit rien.



Quand Maman a servi la soupe, Fati n'a pas eu de viande.

"Maman, je suis désolé. Je ne recommencerai pas."

Et elle ne recommença jamais.

Et c'est ainsi que finit cette histoire.



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# **Fati et la marmite de soupe**

(French)

Fati a toujours été douée pour la course, et le prouve à nouveau pendant une compétition organisée par l'école. A son retour à la maison, elle aide sa maman à préparer une soupe. Celle-ci sent très bon et Fati est terriblement tentée! "Fati et la marmite de soupe" est basée sur les aventures du quotidien vécues par une petite fille grandissant dans le nord du Ghana.

This is a Level 2 book for children who recognize familiar words and can read new words with help.



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